

## Lent 2014: Weekly Reflection 3

---

*An Aesop Fable to help us think about what influences us to change:*

Once upon a time, there was a piece of iron that was very strong and nothing could break it. "I'll master it", said the axe. Its blows fell heavily on the iron, but every blow made its edge more blunt, until it ceased to strike. "Leave it to me," said the saw, and it worked backwards and forwards on the iron's surface until its jagged teeth were worn and broken. Then it fell aside. "Ah!" said the hammer. "I knew you wouldn't succeed. I'll show you the way." But at the first blow, off flew its head and the iron remained as before. "Shall I try?" asked the small soft flame. "Forget it," all replied. "What can you do?" But the flame curled around the iron, embraced it and never left it until the iron melted under the flame's irresistible influence.

---

### **Questions:**

Who have been the main influences on your life? Who has helped shape you to become the person you are today?

How do you feel about the idea of change? What makes it easier to accept? What makes it harder to accept?

---

### **Prayer Pointers:**

Give thanks for those who have helped shape and develop your faith.

Hold before God those who are caught up in the midst of political upheaval; those who long for change in the way their country is run and those who fear it.

Pray for the wisdom to know when to embrace change and when to resist it.